



Ian and
Heather



Hello!

We are Ian and Heather and we're so thankful that you've taken a few minutes to learn a little about us through our book.

We have been married since October 2011. We decided early on to grow our family through adoption. We were blessed in 2017 when our son Joshua joined our family through adoption. Our family and friends celebrated with us and welcomed him unconditionally as part of the family.

We want to continue to grow our family, and we have plenty of love in our lives and hearts for a second child. Should you choose to place your child with us, your child would know unconditional love from us, Joshua and our families.

We hope you will get a sense of who we are as you review our book and would love to meet you to share more of our story.

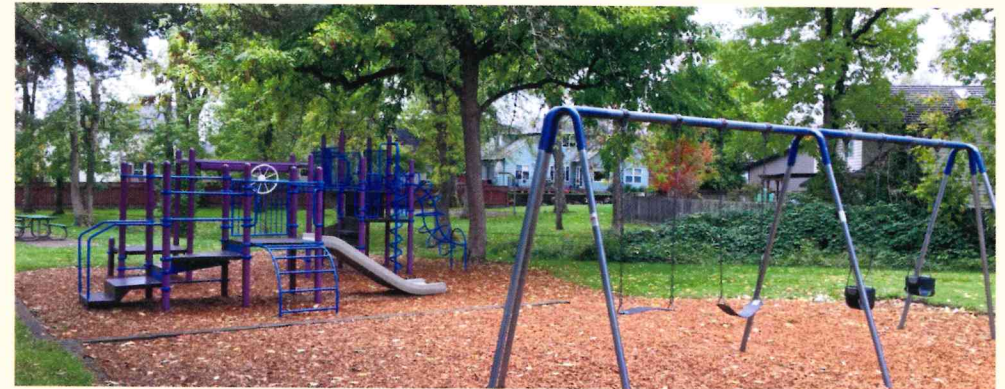
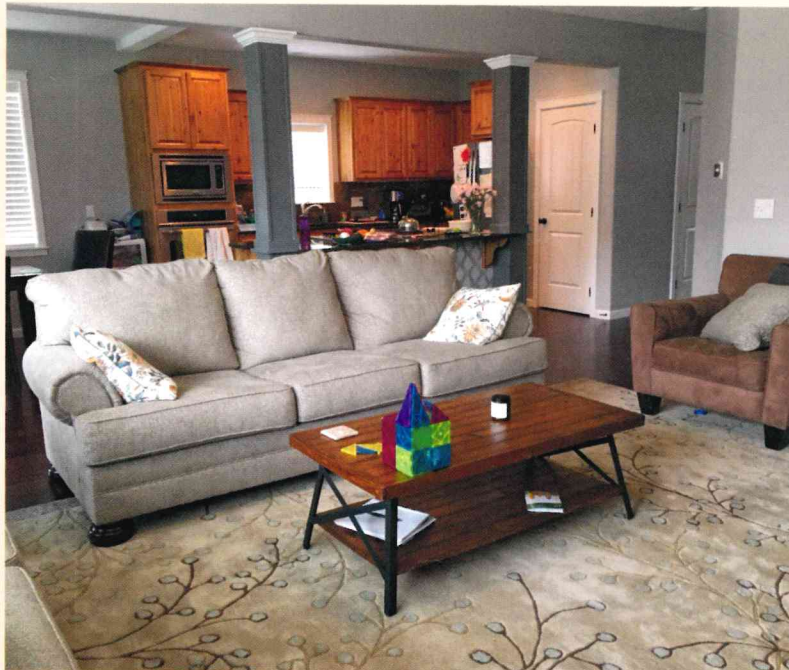
Our story



We met over e-harmony in 2009 and were married in October 2011. We had a beautiful wedding and celebrated the day with friends and family.



Our home



Our home is relaxed and family focused. There are frequently books and toys strewn throughout rooms, evidence of play and time spent together as a family. We have a large backyard for playing ball, gardening, outdoor meals and other family activities. We are also within walking distance of a few great parks!

We live in a city with a small town feel that still affords access to plenty of recreational, community and educational opportunities. We are not far from the coast, mountains and a big city.

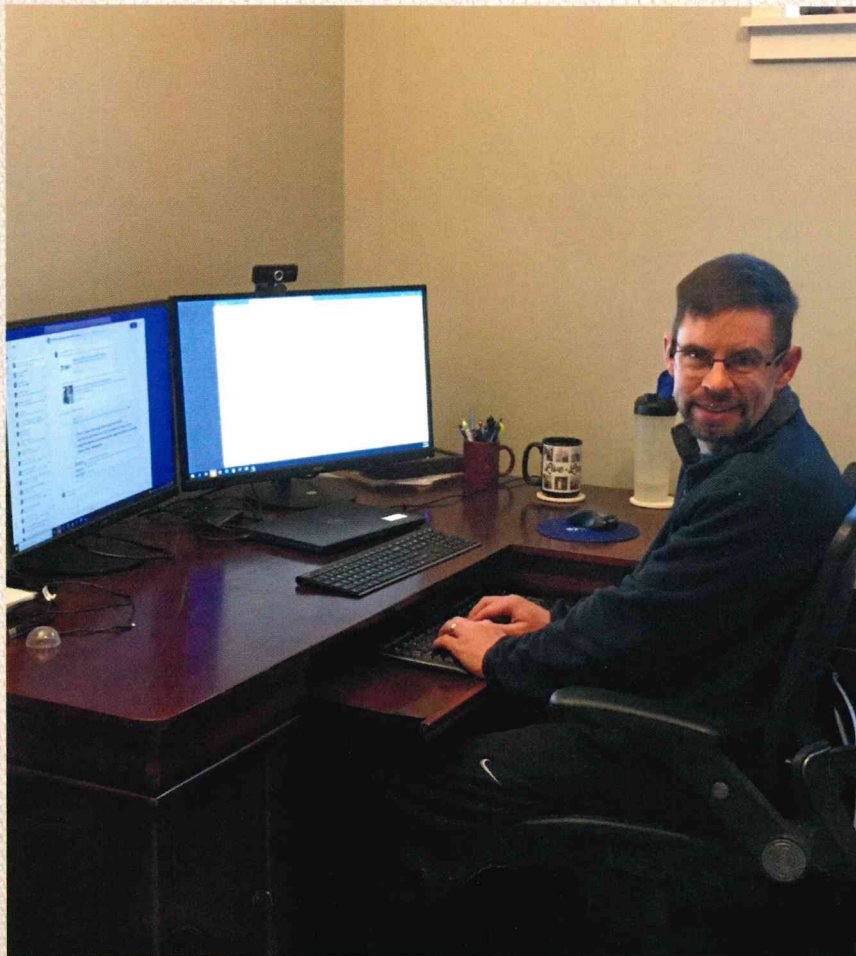
Our lives at home



We both enjoy taking turns cooking dinner and eat in most nights. We also pick a lot of fruit and berries throughout the year to freeze and dehydrate. Heather also enjoys making applesauce and jam for us to eat throughout the year. We also like making ice cream as a special homemade treat.



How we support our family



Heather: I am a Physician Assistant. I still practice medicine but spend most of my time teaching at this point. This has allowed more flexibility in my schedule and has enabled me to better prioritize our family.

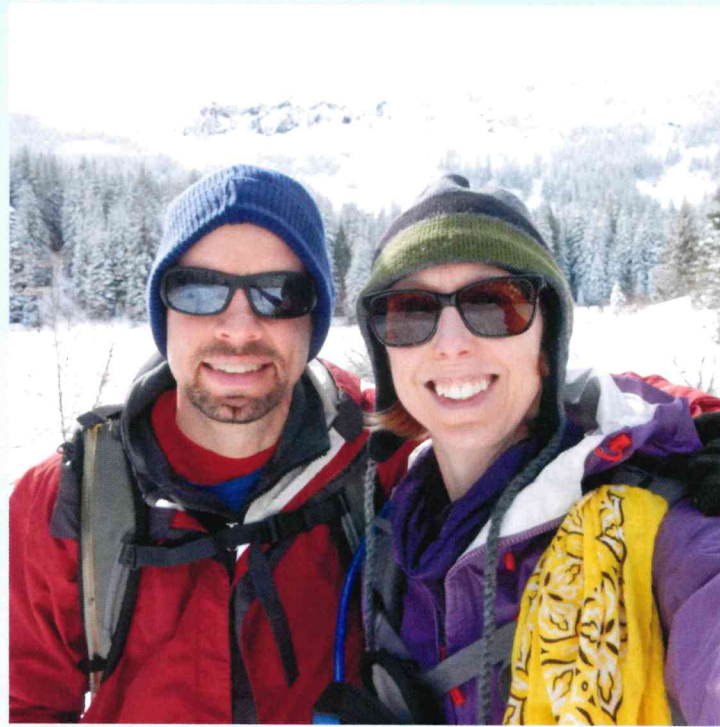
Ian: I work remotely in communications for a local company. I enjoy my job and being available for anything our family needs during the day.



Fun on the water

We enjoy kayaking on nearby lakes a few times a year, and we kayaked one day in Hawaii on our honeymoon. We introduced Joshua to kayaking this past summer while camping and he loved it.





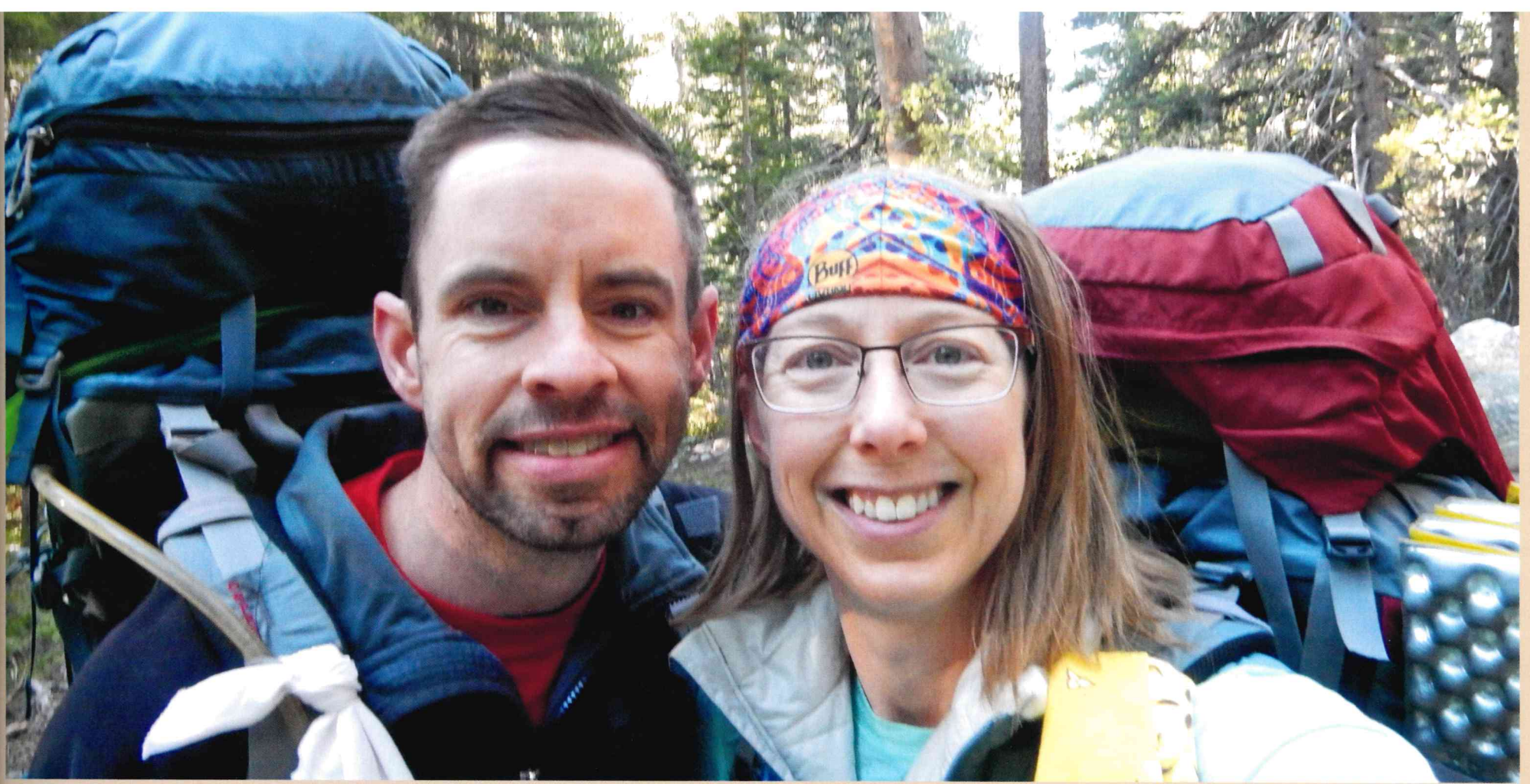
Fun in the snow

We love to explore our local winter wonderlands. Snowshoeing is a favorite, as well as building a snowman and just tossing a few snowballs.

Good times on the trail

We love going for day hikes in the local mountains. There are so many beautiful trails with amazing views and waterfalls. We have introduced Joshua to the outdoors, our hikes are shorter than they used to be but are still filled with adventure.





We love exploring the outdoors through hiking, kayaking, camping, backpacking and snowshoeing. However, sometimes our outdoor adventures are as simple as a trip to the local park, a picnic on the beach or a bike ride as a family.



Meet Heather!

Ian says: Heather is the most amazing wife and mom that you could imagine. Her adventurous spirit is unmatched, she is full of love and wisdom, and she will do anything for her family.





What I like...

Candy: Dove Dark Chocolate

Movie: Princess Bride

TV show: Star Trek-Next Generation

Color: never have been able to figure that out?

National Park: Yosemite

Sport: Gymnastics

Take out: Chipotle, Sushi, Thai

Favorite Vacation: Camping...anywhere except the desert or in the rain



Meet Ian!

Heather says...Ian is an amazing husband and dad. His dedication and love for his family is humbling and I am so grateful to be sharing my life with him. He is funny and likes adventure. I am a planner and he is more spontaneous so we balance each other out well. He also loves bacon, so much so that it has become a running joke among all our friends and family. He's a great sport about it and it keeps life fun.





What I like...

Candy: Reese's Peanut Butter Cups

Movie: Lord of the Rings

TV show: Hawaii Five-O

Color: Red

National Park: Yosemite

Sport: Football (49ers)

Take out: Thai

Favorite Vacation: Yosemite or Hawaii

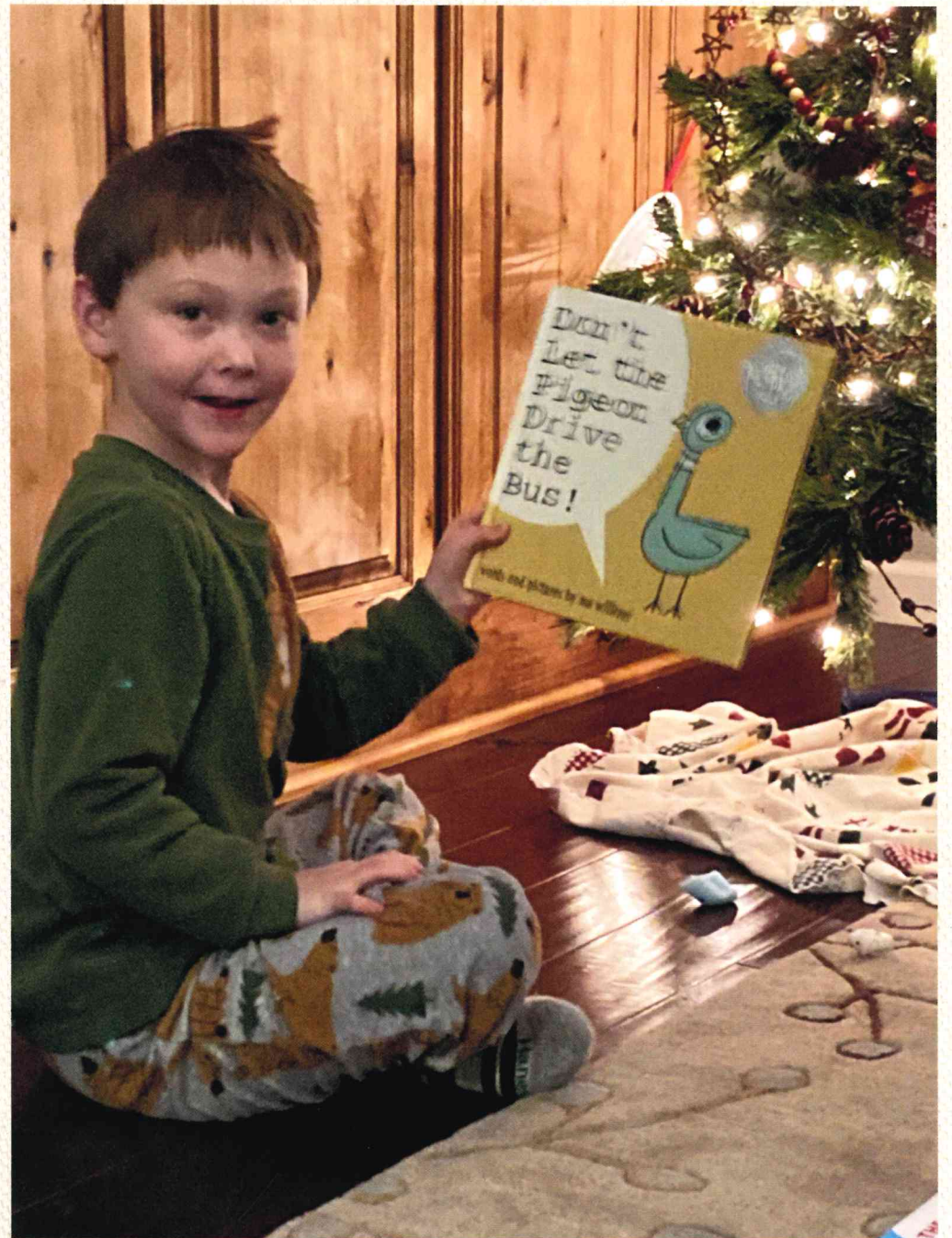
Meet Joshua!

God brought Joshua into our lives when he was one day old in January 2017. He has been the biggest blessing to us, and he is excited to be a big brother. He is funny, kind and very active.





Joshua loves reading, sports, paw patrol, superwings, parks, hide and seek, and anything that involves chasing each other through the house. He loves being outside and has really enjoyed camping and trips to the snow.





Family camping trips

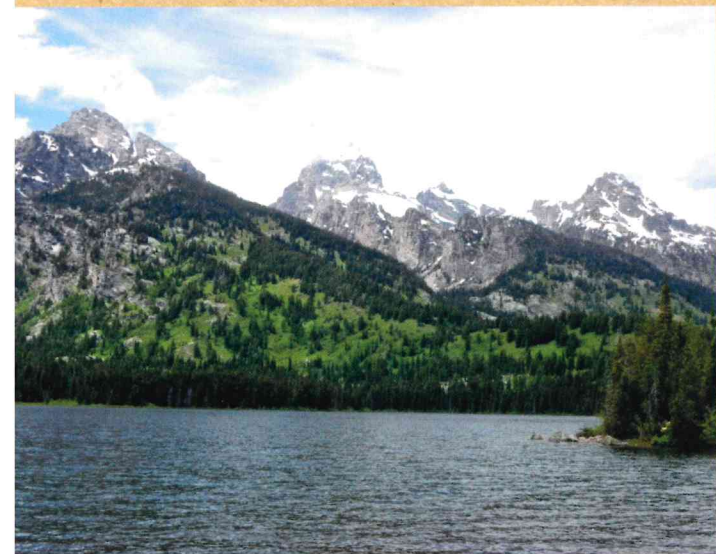
We started taking Joshua camping when he was 18 months old, and he has loved it ever since. We usually take a few weekend and week-long trips every summer.

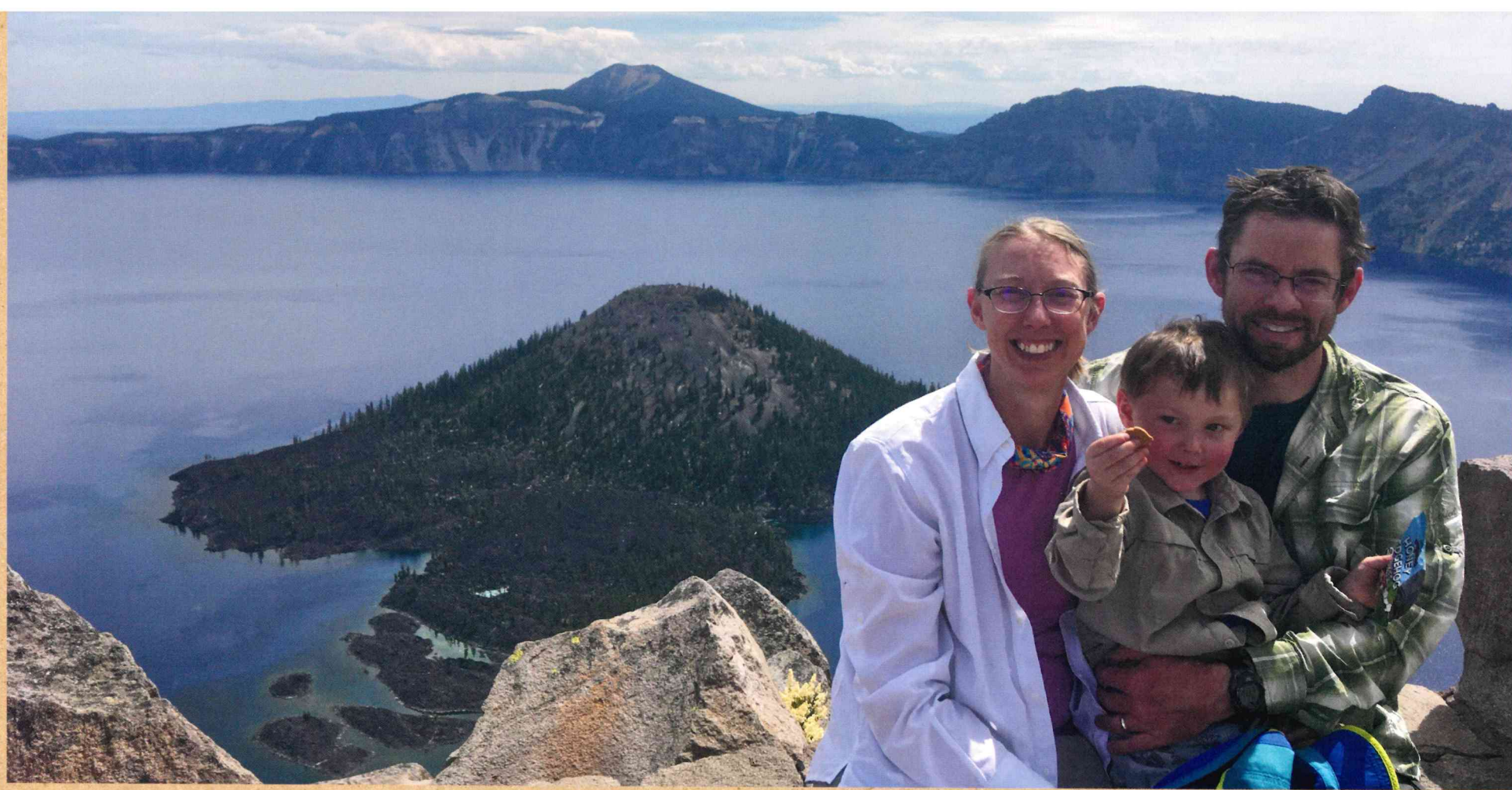


We love camping where creeks aren't too far away, so we can toss rocks and leaves into the running water and just enjoy time together. S'mores are one of Heather's favorite things, once Ian gets the fire going. Joshua loves s'mores as well, and Heather can't wait to introduce our second child to this camping treat.

National Park vacations

We love our national and state parks. Joshua visited his first national park at 17 months old. He has visited several national parks including Yellowstone, Grand Tetons, Crater Lake and Mount Rainier. We are intentional about working them into our regular vacations.





We explored Crater Lake in the summer of 2020, and we can't wait to take our family to Yosemite when Joshua and his future sibling are old enough to really enjoy it. Yosemite is one of our absolute favorite places.

Our friends knew our love of the outdoors and bought Joshua his first pair of hiking boots when he was born. We couldn't resist the photo op.

Our state parks

Early on in our marriage, we started a quest to visit the state parks around the Pacific Northwest. We have visited a ton of them, and we've taken Joshua to several of them! Our favorites are the ones with waterfalls, historical artifacts and rock formations. We look forward to sharing these Northwest Adventures with your child as we continue our quest to visit all the state parks in our state.





We went to a museum with Heather's parents and ended up getting a picture with Father Christmas.



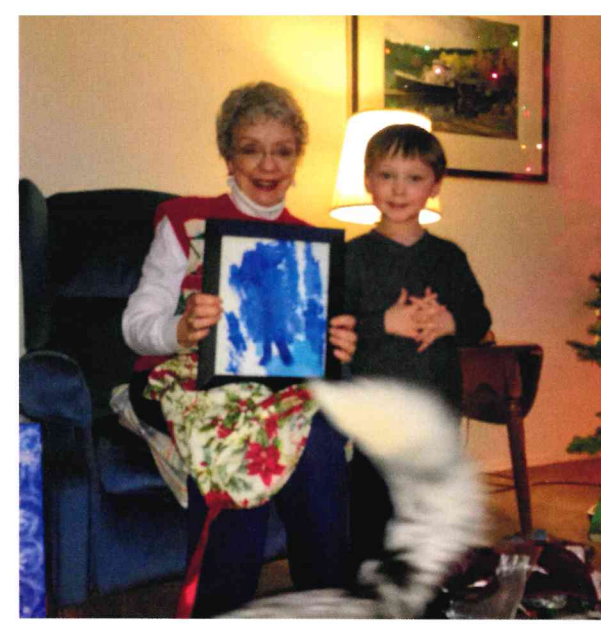
Our family with Ian's parents, sister Meghan and her family at Christmas.

Our families

Our parents are both close by and we see them often. They love spending time with Joshua. He is the only grandchild on Heather's side. Ian's sister Meghan and her family (husband Jeff and kids Molly and Patrick) live in California. We usually see them once a year and Joshua FaceTimes with his cousins once every few months. They are all excited for this chance to add to the family.

Our holidays

We have many holiday traditions, including Easter egg hunts in our backyard, jack-o-lantern carving, cutting down our Christmas tree and baking Christmas goodies. We have pea soup for Christmas Eve dinner and Christmas morning open gifts and have French toast for breakfast. We also spend lots of time with our parents to celebrate. We are excited to share these family traditions with your child.







Thank you for taking the time to get to know our family! We cannot imagine how difficult it must be for you as you consider making an adoption plan for your child. We love Joshua with all our hearts and your child would be loved by us and our family in the same way. Your child would be raised in a home filled with love. We would focus on helping him or her grow into a kind, compassionate person and support them to reach their full potential, pursuing their interests and dreams.

We have been very open with Joshua about how he joined our family through adoption and talk to him about his birth family often. We want your child to have a relationship with you if you would like, and would love to discuss what that relationship could look like.

Love, Ian, Heather and Joshua