



Father's Application to Open Adoption Program

Name: _____ Date: _____

Decision Making

What are your reasons for considering adoption as a possible plan for your child?

Do you believe you have exhausted all possible means to parent the baby?

What would you have to change for you to be able to raise the child yourself? Is this an option you would like to explore further?

Is there anyone in your family who could help out for awhile or perhaps even adopt the baby?

What are your reasons for wanting an open adoption?

What sort of adoption plan are you thinking about? What are your specific hopes?

Do you have any concerns or worries about the way an open adoption might work for you and your child?

What do the significant people in your life (parents, extended family, friends) think about adoption?

Who has been your chief confidante through all this?

What sort of advice have you received?

What's the very best advice you have received?

Pregnancy

When did you first find out about the pregnancy? What was your initial reaction?

Was this pregnancy intended or unintended?

If unintended, what were the circumstances leading to conception (contraceptive failure, impulsiveness, magical thinking, force, intoxication)?

How involved have you been with the pregnancy (accompanying mother to doctor visits, getting regular updates, etc)?

Are you comfortable with your level of involvement? If not, what would you like to see change?

Personal History

How are you feeling about yourself these days?

How would you describe your personality?

Do you usually find it easy or difficult to trust people?

How are the major relationships in your life working out?

How do you usually relate to children?

How do you handle major disappointments?

How do you express frustration? Anger?

Have you ever been in legal trouble? If yes, please explain.

What is your history relative to alcohol and drugs?

Have you received any counseling or therapy? Please explain.

Has your life been touched by disaster, tragedy, or great sadness?

Has your life been touched by great/good fortune along the way?

What are your goals in life? What will you be doing a year from now? 5 years? 10 years? 20?

Family History

What was the atmosphere of the household as you grew up?

What did the family do for fun?

What sort of tensions were there?

Being successful by your family's standards meant being...

Anybody in the family abusive? _____ Alcoholic _____? In legal trouble _____?
Physically ill? _____ Emotionally ill? _____ If yes, what did it mean for you?

Anybody in the family particularly loving? _____ Outgoing? _____
Intelligent? _____ Attractive? _____ Successful? _____ If yes, what did it mean for
you?

What has made you the person you are today?

Mother of the Baby

How did you meet? When? What attracted you to her?

How would you describe her? What does she look like?

What are her strengths and weaknesses? How would you describe her personality?

Describe the relationship when it was/is working well?

Describe the relationship when it was/is not working well?

How do things stand at the moment between the two of you?

What does the future likely hold for your relationship?

What has been her reaction to the pregnancy?

What are her thoughts about adoption?

Are there negative factors about the mother that we should be aware of?

What qualities of the mother do you hope will be passed on to the baby?