



Mother's Personality and Preferences

Part 1: Personality Characteristics

The following personality characteristics have been identified by the Minnesota Center for Twin and Adoption Research as factors determined by heredity rather than culture. Please rate yourself on these variables (1 means the trait does not describe you at all; 10 means it describes you very well). If possible, ask some other people also to rate you on these items.

Personality Trait	Rating	Comments
Extroversion (mixes easily, if affable, likes to be the center of attention)	0 2 4 6 8 10	
Conformity (respects tradition and authority, follows the rules)	0 2 4 6 8 10	
Worry (is easily distressed and frustrated, feels vulnerable and sensitive)	0 2 4 6 8 10	
Creativity (tends to become lost in thought and abstraction)	0 2 4 6 8 10	
Paranoia (keeps to oneself, feels exploited, thinks "the world is out to get me")	0 2 4 6 8 10	
Optimism (is confident, cheerful and upbeat)	0 2 4 6 8 10	
Cautiousness (avoids risks and dangers, takes the safe route even if more difficult)	0 2 4 6 8 10	
Aggressiveness (tends to be physically violent, has a taste for revenge)	0 2 4 6 8 10	
Ambition (works hard at setting and achieving goals, is a perfectionist)	0 2 4 6 8 10	
Orderliness (plans carefully, tries to make rational decisions)	0 2 4 6 8 10	



Intimacy 0 2 4 6 8 10
 (prefers emotional closeness)

Part 2: Additional Personality Characteristics of the Mother

Please rate yourself on the following scale (1 means the trait does not describe you at all, 10 means it describes you very well). Feel free to clarify your answers with comments.

Personality Trait	Rating	Comments
Assertive	0 2 4 6 8 10	
Intelligent	0 2 4 6 8 10	
Logical	0 2 4 6 8 10	
Spiritual	0 2 4 6 8 10	
Coordinated	0 2 4 6 8 10	
Deep thinker	0 2 4 6 8 10	
Competitive	0 2 4 6 8 10	
Outdoorsy	0 2 4 6 8 10	
Energetic	0 2 4 6 8 10	
Confident	0 2 4 6 8 10	
Sentimental	0 2 4 6 8 10	
Attractive	0 2 4 6 8 10	
Moral	0 2 4 6 8 10	
Sophisticated	0 2 4 6 8 10	
Content	0 2 4 6 8 10	



CHOICE
ADOPTIONS

Part 3: Mother's Tastes and Preferences

Please review the following list of interests, indicate your level of interest in each subject, and declare specific likes and dislikes.

Interest Area	Degree of Interest		Intense Likes	Intense Dislikes
	None	Intense		
Pets and animals	<u>1</u>	<u>1</u>		
Music	<u>1</u>	<u>1</u>		
Television	<u>1</u>	<u>1</u>		
Politics	<u>1</u>	<u>1</u>		
Religion	<u>1</u>	<u>1</u>		
Movies	<u>1</u>	<u>1</u>		
Art	<u>1</u>	<u>1</u>		
Food, beverages	<u>1</u>	<u>1</u>		
Spectator Sports	<u>1</u>	<u>1</u>		
People	<u>1</u>	<u>1</u>		
Cars	<u>1</u>	<u>1</u>		
Clothes	<u>1</u>	<u>1</u>		
Literature	<u>1</u>	<u>1</u>		
Weather	<u>1</u>	<u>1</u>		